



# Are You Asking: When Do I Keep My Student Home?

Good health is more important than a perfect attendance record. Here are a few guidelines to help you decide whether you should send your student to school.

Symptom	Guides for Deciding to Stay Home
Fever above 99.6 degrees	Your student should be fever free and off of Tylenol/Advil for 24 hours before he or she returns to school. Please do not give your student medication to treat a fever and then send him or her to school.
Sore throat or tonsillitis	A scratchy sore throat is not a problem, but a severe sore throat can be a symptom of a more serious illness. Please keep your student home and contact your health care provider. If your student is diagnosed with Strep Throat he or she may return to school 24 hours after antibiotic treatment begins.
Vomiting and/or Diarrhea	Your student should stay home until the illness is over, and for 24 hours after the last episode (without medication)
Ear Pain	Untreated ear infections can cause hearing loss. Consult with your health care provider.
Eye inflammation or Discharge	If your student's eye is red with a cloudy or yellow or green discharge, matted eyelids after sleep, eye pain and/or redness, you should keep your student home and contact your health care provider. If your student is diagnosed with pink eye, he or she may return to school 24 hours after treatment has been started.
Head lice	Students may return to school after their head has been shampooed with over the counter head lice shampoo. Parents should work on removing nits to prevent additional outbreaks.
Acute pain	Students who require a narcotic medication for pain relief should not be at school.
Rash/Spots	Do not send your student to school with a rash until your health care provider says it is safe to do so. Students with ringworm or impetigo can return to school after treatment. The lesion should be covered.

## *Your child MAY attend school if he/she has:*

- Mild cold symptoms-If your child feels well and there is no fever
- Allergic conjunctivitis-known allergy diagnosed by health care provider
- Vague complaints of aches, pains or fatigue
- Diagnosed skin conditions

## *Remember:*

- Call the school EVERY day your student will be absent (620-549-3518)
- Make sure the school has current contact information.
- If your student has a communicable disease please notify the school.
- In some instances it will be necessary for your physician to provide the school with a medical release before your student returns to school.